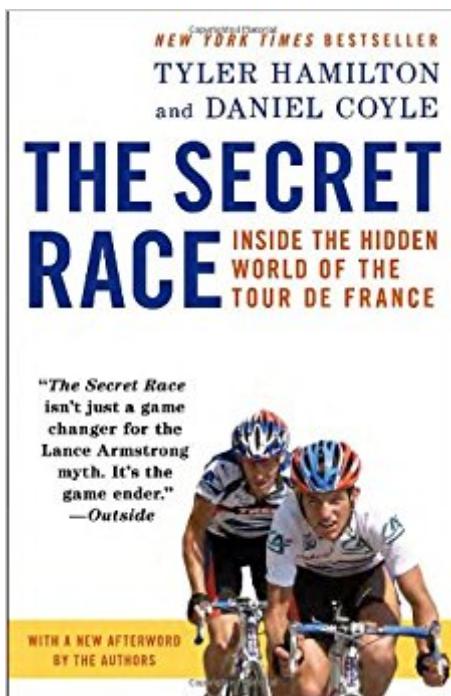


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# The Secret Race: Inside The Hidden World Of The Tour De France



## Synopsis

â œThe holy grail for disillusioned cycling fans . . . The bookâ ™s power is in the collective details, all strung together in a story that is told with such clear-eyed conviction that you never doubt its veracity. . . . The Secret Race isnâ ™t just a game changer for the Lance Armstrong myth. Itâ ™s the game ender.â •â "Outside Â NEW YORK TIMES BESTSELLERÂ ¢ WINNER OF THE WILLIAM HILL SPORTS BOOK OF THE YEAR AWARDThe Secret Race is the book that rocked the world of professional cyclingâ "and exposed, at long last, the doping culture surrounding the sport and its most iconic rider, Lance Armstrong. Former Olympic gold medalist Tyler Hamilton was once one of the worldâ ™s top-ranked cyclistsâ "and a member of Lance Armstrongâ ™s inner circle. Over the course of two years, New York Times bestselling author Daniel Coyle conducted more than two hundred hours of interviews with Hamilton and spoke with numerous teammates, rivals, and friends. The result is an explosive page-turner of a book that takes us deep inside a shadowy, fascinating, and surreal world of unscrupulous doctors, anything-goes team directors, and athletes so relentlessly driven to win that they would do almost anything to gain an edge. For the first time, Hamilton recounts his own battle with depression and tells the story of his complicated relationship with Lance Armstrong. This edition features a new Afterword, in which the authors reflect on the developments within the sport, and involving Armstrong, over the past year. The Secret Race is a courageous, groundbreaking act of witness from a man who is as determined to reveal the hard truth about his sport as he once was to win the Tour de France. Â With a new Afterword by the authors Â ¢Loaded with bombshells and revelations.â •â "VeloNewsâ œ[An] often harrowing story . . . the broadest, most accessible look at cyclingâ ™s drug problems to date.â •â "The New York Times Â ¢If I cheated, how did I get away with it?â ™ That question, posed to SI by Lance Armstrong five years ago, has never been answered more definitively than it is in Tyler Hamiltonâ ™s new book.â •â "Sports Illustrated Â ¢Explosive.â •â "The Daily Telegraph (London)

## Book Information

Paperback: 320 pages

Publisher: Bantam; Reprint edition (May 7, 2013)

Language: English

ISBN-10: 034553042X

ISBN-13: 978-0345530424

Product Dimensions: 5.2 x 0.7 x 8 inches

Shipping Weight: 8.5 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ  See all reviewsÂ  (1,195 customer reviews)

Best Sellers Rank: #154,454 in Books (See Top 100 in Books) #140 inÂ  Books > Sports & Outdoors > Individual Sports > Cycling #2041 inÂ  Books > Sports & Outdoors > Outdoor Recreation #5503 inÂ  Books > Biographies & Memoirs > Memoirs

## **Customer Reviews**

This is the most devastating chronicle yet of the recent history of pro bike racing, for several reasons:- First, the co-author, Daniel Coyle, knows his way around pro bike racing. He wrote Lance Armstrong's War: One Man's Battle Against Fate, Fame, Love, Death, Scandal, and a Few Other Rivals on the Road to the Tour de France, and his experience shows. More than just a story about Hamilton, "The Secret Race" weaves in all the significant doping scandals of the past 15 years. Although the publicity surrounding this book is driven by the interest in Lance Armstrong, the book exposes a sport-wide culture where doping was expected and the infrastructure to support it was easily accessible to the best riders.- Second, the level of prosaic detail adds credibility. It's more than just a chronicle of what drugs were taken -- but also detail on how they worked; how they were concealed; how tests were beaten; the logistics of getting to and from the doping doctors; and the strategy of timing blood doping sessions to correspond with key stages of big races. Hamilton even details the bonus schedule he paid to his doping doctors for each major victory. Although I've read previous books on the topic, I was still surprised by the intensity of doping activities outlined here. It's the difference between having the story told by "outsiders" (investigators, journalists, team assistants) vs. "insiders" (someone like Hamilton who is finally willing to tell the story).- Third, Hamilton's own personal story is believable.

Strongly recommend. Well-written and well documented. The specifics of the how, when and where of the all-encompassing doping program at the US Postal Cycling team make for very interesting reading. Entirely believable. The book is filled with extended quotes from other Postal riders, Landis, VandeVelde, Vaughters, Andreu, confirming portions of Hamilton's account. What strikes me is how pervasive the ethic of doping was throughout the Peloton. Literally everyone who was competitive in the mid-1990s to 2006 (and anyone on a competitive team) had to be on some kind of program -- whether EPO, transfusions, testosterone or something else. And everyone knew about it -- all the team members, all the staff, all the spouses/girlfriends -- including Hamilton's ex Haven and by implication Kristin Armstrong. [The only wife who was intolerant was the brave and principled Betsy

Andreu.] The UCI repeatedly turned a blind eye, whether because of outright corruption (promised payments by Armstrong after a positive test at the Tour of Switzerland) or because of the need for the public perception of a "clean" sport. Therefore unwritten rules governed the ethic of doping within the Peloton. The testers would only show up at certain times. Don't get caught with a hematocrit over 50 and regardless of how suspicious, there would be no violation. As Hamilton says, the dope testing regime became more of an IQ test than a doping test. If you were clever, had the right doctor, or had enough money to cover the logistics of a sophisticated doping program, you would likely not get caught. (transfusing, storing and reinfusing blood before and during the course of the Tour without the blood "going bad" was a complicated process--with life threatening consequences if there was a mistake).

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